

Race Date  
April 17, 2016

2016 Spring Migration Triathlon  
Age Group Results

Female 1 to 19

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	37	Cailan Steward	13	15	1	7:55.0	1:10.1	1	54:23.3	0:26.2	1	24:29.3	1:28:24.1		
2	63	Alexa Thomas	53	19	2	9:45.7	1:59.5	2	1:08:17.0	0:42.9	2	27:14.1	1:47:59.5		
3	76	April Seematter	62	18	3	11:29.1	3:15.3	3	1:39:46.6	0:35.0	3	42:52.7	2:37:58.9		

Female 20 to 24

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	32	Kathryn Flott	12	23	1	6:38.0	1:28.0	2	51:59.8	0:35.1	1	22:41.7	1:23:22.7		
2	47	Elena Flott	38	20	2	10:46.0	1:46.5	3	52:11.4	0:17.8	3	28:16.1	1:33:17.9		
3	58	Tina Miller	64	24	6	12:53.1	5:12.3	1	50:02.6	1:27.9	5	32:36.5	1:42:12.6		
4	59	Alexandria Griffin	74	22	4	11:52.7	3:43.9	4	1:00:17.2	0:56.7	4	28:16.1	1:45:06.7		
5	61	Melinda Faught	69	21	3	11:07.8	2:44.4	6	1:07:06.7	0:39.7	2	26:05.3	1:47:44.0		
6	67	Megan James	70	21	5	12:32.5	2:14.9	5	1:02:17.2	0:37.9	6	33:35.3	1:51:17.9		

Female 25 to 29

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	18	Elizabeth Staples	76	25	2	8:34.9	1:25.2	1	41:32.9	0:57.4	1	23:33.8	1:16:04.4		
2	46	Rachelle Fisher	51	25	3	10:23.2	2:31.2	3	53:23.6	0:42.3	2	26:17.0	1:33:17.6		
3	51	Ashley Sanford	68	29	6	12:16.9	3:49.7	2	53:09.2	1:16.9	3	26:58.9	1:37:31.9		
4	65	Brea Teeter	58	26	4	10:42.5	4:02.4	4	1:01:26.0	0:57.3	4	31:35.0	1:48:43.4		
5	71	Emma Gilmore	36	26	1	7:59.0	9:33.8	5	1:05:09.1	2:05.9	5	33:33.9	1:58:21.9		
6	75	Mary Foster	49	25	5	12:00.1	3:51.6	6	1:08:36.7	0:56.7	6	1:01:56.8	2:27:22.0		

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Female 30 to 34

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	16	Natasha Bangel	44	31	3	9:17.0	1:01.8	1	38:55.4	0:58.0	2	24:31.8	1:14:44.1		
2	21	Meaghan McClure	26	34	1	7:57.0	1:16.6	2	42:24.0	0:43.3	1	24:11.9	1:16:32.9		
3	33	Ashley Carpenter	35	30	2	9:12.0	1:25.5	4	45:35.3	0:52.2	3	26:57.2	1:24:02.2		
4	40	Julie Shin	66	34	4	13:47.7	2:30.9	3	44:15.6	1:58.1	4	28:03.9	1:30:36.3		

Female 35 to 39

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	10	Angela Redfern	15	39	1	7:33.0	1:05.2	1	37:23.2	0:49.2	1	22:24.4	1:09:15.2		
2	19	Becky Thomas	8	37	2	7:34.0	1:14.6	2	38:10.2	0:28.7	4	28:50.2	1:16:17.8		
3	48	Jana Phillips	46	37	4	9:51.2	2:13.1	3	54:49.9	0:42.7	3	28:33.4	1:36:10.5		
4	49	Holly Osborn	11	38	3	8:55.7	2:21.2	4	56:13.9	1:06.0	2	27:57.3	1:36:34.3		

Female 40 to 44

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	39	Kerri Vajnar	37	42	2	9:34.0	2:00.1	2	48:10.2	1:12.5	1	29:35.7	1:30:32.7		
2	41	Kristi Draney	9	41	1	7:50.0	3:30.5	1	46:16.1	2:15.6	3	30:57.4	1:30:49.7		
3	56	Lauri Carlson	57	43	3	10:00.5	3:19.4	3	55:37.9	1:07.2	2	30:08.0	1:40:13.1		

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Female 45 to 49

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	44	Amy Wilber	7	48	1	8:15.0	2:53.4	1	50:45.8	1:03.0	1	29:17.9	1:32:15.3		
2	72	Beth Watts	67	47	2	14:20.4	6:13.5	2	1:02:13.1	1:19.1	2	34:31.8	1:58:38.0		

Female 50 to 54

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	24	Donna Spoonmore	33	53	1	9:24.0	1:39.0	1	40:30.6	0:45.1	1	25:24.2	1:17:43.1		
2	57	Cindy Johnson	45	53	2	10:20.7	1:39.7	2	50:43.4	1:17.9	2	36:30.4	1:40:32.2		

Female 55 to 59

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	52	Kathie Buckman	25	56	1	8:09.0	3:47.4	1	50:47.3	1:23.6	1	33:30.4	1:37:37.9		

Female 60 to 64

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	35	Twyla Dubois	32	63	1	9:49.0	1:43.4	1	43:44.4	1:11.3	1	30:20.2	1:26:48.5		
2	64	Margaret Grimwood	71	64	2	11:30.5	6:03.8	2	55:43.3	0:32.5	2	34:36.6	1:48:26.8		

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Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	13	Brody Bazzelle	24	19	1	7:20.0	0:40.5	1	35:48.5	0:36.5	2	26:29.3	1:10:55.0		
2	22	Gabriel Sams	39	19	2	8:36.0	2:24.1	2	47:25.1	0:25.2	1	18:11.5	1:17:02.1		
3	74	Kiefer Smith	73	18	3	14:26.4	4:08.7	3	1:19:39.1	1:05.2	3	39:35.2	2:18:54.8		

Male 20 to 24

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	14	Christopher Robinson	3	21	1	6:28.0	0:39.3	1	36:41.6	0:31.9	2	26:54.8	1:11:15.7		
2	23	Shae Pelkowski	41	24	2	8:13.1	2:18.6	2	40:51.7	0:46.5	1	25:27.1	1:17:37.1		

Male 25 to 29

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	2	Jacob Benteman	2	28	2	6:57.0	0:42.8	1	30:45.4	0:36.4	2	18:54.3	57:56.1		
2	3	Kevin Urban	17	26	5	8:08.0	0:49.4	2	32:39.8	0:32.8	1	18:23.0	1:00:33.1		
3	5	Brandon Steinert	20	29	3	6:58.0	1:14.2	3	33:04.9	0:48.6	3	19:52.2	1:01:58.0		
4	6	Phillip Thompson	4	29	1	6:38.0	1:05.5	4	33:44.1	0:39.2	4	20:43.8	1:02:50.7		
5	31	Jared Chansler	31	29	6	8:44.1	2:51.3	5	44:12.2	1:10.1	5	26:14.6	1:23:12.5		
6	45	Austin Schopper	77	28	7	9:06.0	2:38.9	6	52:00.0	1:27.6	6	27:39.1	1:32:51.7		
7	55	Bren Fisher	50	26	4	7:34.5	5:51.3	7	53:21.2	0:43.8	7	31:46.9	1:39:17.9		

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Male 30 to 34

Place					----- Swim -----		----- Trans 1 -----		----- Bike -----		----- Trans 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	4	Tyler Staples	14	31	3	7:32.0	1:14.5	1	31:59.7	0:32.3	1	20:28.8		1:01:47.4	
2	7	Wes Brown	5	33	2	7:28.0	1:22.2	2	34:29.7	0:46.8	2	21:08.8		1:05:15.5	
3	12	Christopher Sullivan	10	30	4	7:34.0	1:26.3	3	38:38.8	0:30.9	3	22:05.3		1:10:15.4	
4	42	Woo Shin	56	32	5	10:05.5	3:32.3	4	48:28.0	1:57.4	4	28:04.0		1:32:07.4	
5	60	David Carey	28	34	1	6:53.0	5:11.6	5	1:00:54.6	3:52.6	6	30:39.0		1:47:31.0	
6	70	Jake Mccabe	75	34	6	10:51.5	10:47.3	6	1:02:43.4	2:02.1	5	30:38.0		1:57:02.5	

Male 35 to 39

Place					----- Swim -----		----- Trans 1 -----		----- Bike -----		----- Trans 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	1	Kevin Nickel	1	35	1	5:39.0	0:44.8	1	28:32.8	0:38.0	1	17:21.0		52:55.7	
2	8	Jacob Harper	21	37	2	8:57.0	1:34.0	2	34:13.9	1:02.4	2	20:31.1		1:06:18.6	
3	27	Steve Blocker	47	36	3	10:10.0	3:35.9	3	42:51.6	1:07.4	3	23:58.1		1:21:43.0	
4	36	Romell Ward	48	35	5	12:18.6	2:50.9	4	45:15.0	1:44.0	4	24:42.0		1:26:50.5	
5	38	Casson Schmidt	29	36	4	11:25.8	2:37.3	5	45:34.1	1:34.7	5	27:35.4		1:28:47.5	

Male 40 to 44

Place					----- Swim -----		----- Trans 1 -----		----- Bike -----		----- Trans 2 -----		----- Run -----		----- Total -----
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	17	Jason O'Connor	52	43	3	9:50.0	1:51.6	1	38:19.9	0:55.6	2	24:23.5		1:15:20.9	
2	25	Chad Brecheisen	43	44	4	10:07.3	2:59.3	2	40:43.3	1:22.1	1	23:54.1		1:19:06.3	
3	30	Eric Perkins	30	40	5	10:23.0	1:38.9	3	43:06.4	1:01.1	3	26:59.4		1:23:09.0	
4	34	Ryan Maender	6	43	1	6:21.0	1:41.2	4	45:01.4	1:37.6	4	29:46.4		1:24:27.7	

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<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
5	62	Charles Moore	61	41	2	9:38.4	6:28.4	5	53:37.3	4:26.1	5	33:48.5	1:47:58.9		
6	73	Mark DeJesus	63	43	6	11:08.6	5:30.3	6	1:00:42.0	4:39.2	6	40:34.0	2:02:34.2		

Male 45 to 49

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	9	Jason Cervantes	16	46	1	7:31.0	0:39.4	1	35:54.0	0:26.7	1	24:22.1	1:08:53.3		
2	26	Brian Meyer	34	49	2	8:16.0	1:30.7	2	44:12.9	1:04.7	3	26:09.7	1:21:14.1		
3	43	David Gehlen	55	46	3	10:44.0	2:48.3	3	51:14.3	1:19.4	2	26:06.7	1:32:12.9		

Male 50 to 54

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	11	Mickey Harvey	42	53	1	8:06.0	1:16.6	1	36:01.6	0:35.7	1	23:49.4	1:09:49.3		

Male 55 to 59

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	50	Matt Strathman	40	55	1	10:20.0	3:21.4	1	43:50.6	2:16.8	2	37:15.1	1:37:04.0		
2	53	Mark Clark	65	59	2	13:50.1	2:58.9	2	49:11.6	0:24.3	1	31:21.6	1:37:46.6		

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Male 60 to 64

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	20	Richard Shaw	27	61	2	9:25.0	1:33.2	1	38:17.0	1:05.5	1	25:57.8	1:16:18.7		
2	69	Allen Kossoy	19	63	1	7:57.1	3:55.6	2	55:00.7	3:39.0	2	42:06.5	1:52:39.1		

Male 65 to 69

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	15	Bob Sanderson	22	67	1	8:07.0	1:05.1	1	36:00.3	0:48.1	1	25:18.1	1:11:18.8		
2	28	John Pierce	18	67	2	10:06.3	2:23.4	2	40:43.7	1:18.2	2	27:19.3	1:21:51.1		

Male 70 to 74

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	29	Dane Cook	23	72	1	7:48.0	2:46.7	1	39:15.2	0:57.7	2	31:18.4	1:22:06.0		
2	54	Wayne Van Andel	59	72	2	12:20.1	2:11.0	3	51:38.7	1:09.2	1	30:40.4	1:37:59.5		
3	66	Leon Small	54	74	3	13:07.1	4:21.3	2	48:23.4	3:04.5	3	41:10.4	1:50:06.8		

Male 80 and over

Place					----- Swim -----		Trans 1		----- Bike -----		Trans 2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	68	David Arst	60	82	1	15:09.8	3:00.8	1	49:25.7	2:24.0	1	41:35.3	1:51:35.7		