

Race Date
April 23, 2017

2017 Spring Migration Triathlon

Overall Results

Triathlon													Female				
Place	Name	Bib No	AG Place	Swim			Trans 1			Bike			Trans 2		Run		Total
				Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		
1	Angela Redfern	20	1 F Top Fin	3	7:22.2	29:28	1:00.3	1	36:36.5	3:33	0:46.5	1	23:32.7	4:24	1:09:18.4		
2	Julie Mohn	17	2 F Top Fin	8	8:45.2	35:00	1:21.6	3	36:28.9	3:41	0:41.0	2	23:24.3	4:29	1:10:41.1		
3	Rachel White-McQuillan	49	3 F Top Fin	4	7:53.8	31:32	1:28.6	2	36:23.3	3:37	1:13.9	3	26:31.1	4:40	1:13:31.0		
4	Donna Spoonemore	39	1 F 55-59	12	9:18.8	37:12	1:13.6	4	38:05.7	3:51	0:47.1	4	26:15.1	4:48	1:15:40.5		
5	Rachel Murphy	12	1 F 30-34	1	6:40.2	26:40	1:36.8	7	42:27.7	4:01	0:41.1	5	25:31.7	4:53	1:16:57.7		
6	Cindy Zumbrunn	70	1 F 50-54	22	10:17.7	41:08	2:04.1	5	37:41.8	3:57	1:10.3	6	25:59.7	4:54	1:17:13.7		
7	Beth Gorman	32	1 F 60-64	7	8:41.1	34:44	1:28.9	6	39:54.5	3:57	1:11.1	7	28:22.0	5:03	1:19:37.8		
8	Autumn Howell	42	1 F 20-24	5	7:56.1	31:44	1:17.2	9	45:17.0	4:18	0:19.5	8	25:28.3	5:06	1:20:18.3		
9	Candee Thode	71	1 F 45-49	16	9:54.8	39:36	2:00.8	8	41:57.7	4:16	0:55.9	9	27:12.2	5:12	1:22:01.6		
10	Holly Osborn	43	1 F 40-44	10	9:03.3	36:12	1:36.5	16	47:38.5	4:37	0:52.2	10	25:52.1	5:24	1:25:02.7		
11	Bethany Tegmeier	47	2 F 30-34	11	9:18.2	37:12	2:33.6	20	48:33.5	4:47	0:44.6	11	23:56.5	5:24	1:25:06.6		
12	Brittany Kramer	8	2 F 20-24	29	11:32.4	46:08	1:46.9	22	48:03.7	4:51	0:23.1	12	23:23.1	5:24	1:25:09.4		
13	Julie Kuckelman	63	1 F 35-39	27	10:33.8	42:12	2:48.6	19	45:19.6	4:38	0:35.2	13	26:17.7	5:26	1:25:35.2		
14	Alicia Martin	37	3 F 30-34	9	8:52.1	35:28	3:00.9	10	43:08.5	4:21	1:29.9	14	31:28.7	5:35	1:28:00.3		
15	Kerri Vajnar	54	2 F 40-44	14	9:48.4	39:12	1:43.5	14	45:12.5	4:29	0:54.6	15	30:53.0	5:37	1:28:32.1		
16	Kendra Clark	9	3 F 20-24	2	7:04.8	28:16	2:53.8	15	48:00.9	4:35	0:46.3	16	29:56.1	5:38	1:28:42.1		
17	Jamie Flaigle	92	1 F 25-29	25	10:29.4	41:56	2:31.8	18	45:21.5	4:37	0:18.9	17	30:32.4	5:40	1:29:14.2		
18	Mary Twarog	61	2 F 60-64	28	11:23.8	45:32	2:50.8	17	44:03.7	4:37	1:08.1	18	30:34.5	5:43	1:30:01.0		
19	Ellen Shortlidge	3	2 F 35-39	6	8:11.1	32:44	2:05.0	11	45:58.5	4:27	1:20.3	19	32:35.2	5:43	1:30:10.2		
20	Amanda Gross	81	4 F 20-24	21	10:16.8	41:04	2:28.8	23	49:34.4	4:56	0:31.4	20	27:48.9	5:45	1:30:40.6		
21	Bonnie Kissinger	60	3 F 40-44	15	9:51.8	39:24	1:52.2	13	44:46.9	4:28	1:12.1	21	33:07.8	5:46	1:30:50.9		
22	Jana Phillips	57	3 F 35-39	24	10:28.4	41:52	2:24.5	21	48:27.2	4:51	0:36.2	22	29:18.7	5:48	1:31:15.1		
23	Carol White	82	3 F 60-64	35	20:31.0	82:04	2:48.9	29	43:19.9	5:16	2:03.1	23	25:49.0	6:00	1:34:32.2		
24	Carmen Leeds	69	2 F 50-54	23	10:26.8	41:44	3:18.1	12	42:34.0	4:27	2:25.6	24	35:53.6	6:01	1:34:38.3		
25	Tess Hiebert	79	2 F 45-49	17	9:57.0	39:48	2:08.0	26	52:50.1	5:08	1:26.4	25	29:08.8	6:04	1:35:30.5		
26	Mary-Kathryn Maxheimer	59	4 F 40-44	33	13:18.9	53:12	0:30.5	32	56:05.4	5:32	1:05.5	26	26:33.4	6:12	1:37:33.8		
27	Deanne Howell	67	3 F 50-54	20	10:13.8	40:52	3:12.1	27	51:41.0	5:09	0:27.5	27	33:45.6	6:18	1:39:20.3		
28	Barbara Klotzbach	73	4 F 60-64	31	13:04.3	52:16	2:24.5	24	48:25.8	5:03	1:35.6	28	34:22.8	6:21	1:39:53.2		
29	Kim Berning	84	1 F 0-19	18	10:05.8	40:20	4:01.4	35	1:06:35.5	6:23	0:47.1	29	21:49.2	6:34	1:43:19.2		
30	Julia Myers	85	2 F 0-19	19	10:11.2	40:44	4:00.5	34	1:05:55.5	6:20	1:29.0	30	21:50.2	6:34	1:43:26.6		
31	Abbey Motley	86	3 F 0-19	13	9:27.9	37:48	5:02.4	36	1:06:41.0	6:25	0:48.5	31	21:49.0	6:35	1:43:49.1		
32	Melissa Johnson	94	4 F 30-34	32	13:10.8	52:40	3:32.5	25	47:17.7	5:04	1:05.1	32	39:10.9	6:37	1:44:17.2		
33	Jennifer Johnson	90	5 F 30-34	26	10:30.0	42:00	5:40.6	30	51:30.9	5:21	1:28.6	33	35:17.1	6:38	1:44:27.4		

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Overall Results

Triathlon											Female				
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Bethany Trimble	75	6 F 30-34	30	12:38.2	50:32	4:44.1	31	52:11.3	5:30	1:13.2	34	35:00.1	6:43	1:45:47.1
35	Cindy Johnson	72	2 F 55-59				13:26.2	28	53:00.0	5:15	1:26.6	35	40:44.6	6:54	1:48:37.5
36	Mia Michalek	93	4 F 35-39	34	17:17.0	69:08	1:39.9	33	53:44.7	5:45	2:58.6	36	48:54.5	7:55	2:04:34.9

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Overall Results

Triathlon																Male	
Place	Name	Bib No	AG Place	Swim		Trans 1		Bike		Trans 2		Run		Total			
				Rnk	Time	Pace	Time	Rnk	Time	Pace	Time	Rnk	Time	Pace	Time		
1	Kevin Nickel	2	1 M Top Fin	1	5:35.3	22:20	0:42.5	1	28:27.7	2:45	0:44.2	1	16:51.3	3:19	52:21.1		
2	Blaine O'Reilly	1	2 M Top Fin	2	5:57.0	23:48	0:37.4	2	31:26.9	3:00	0:30.7	2	17:05.5	3:32	55:37.7		
3	Tyler Staples	13	3 M Top Fin	5	6:50.1	27:20	0:47.5	3	31:35.7	3:06	0:36.6	3	19:55.7	3:48	59:45.7		
4	Chris Mikesell	5	1 M 30-34	4	6:48.9	27:12	0:44.3	4	31:59.5	3:08	0:24.1	4	21:50.7	3:55	1:01:47.6		
5	Michael White	18	1 M 60-64	24	8:20.6	33:20	0:45.9	5	32:46.4	3:19	0:40.3	5	20:07.7	3:59	1:02:41.2		
6	Jacob Harper	21	1 M 35-39	15	7:43.4	30:52	1:38.6	7	33:04.1	3:21	0:48.1	6	20:26.4	4:03	1:03:40.8		
7	Mark Andrews	100	1 M 50-54	28	8:46.9	35:04	1:42.5	10	32:32.1	3:24	0:29.1	7	21:56.7	4:09	1:05:27.4		
8	Joshua Dye	16	1 M 20-24	14	7:43.3	30:52	1:16.9	19	36:42.5	3:37		8	19:53.0	4:10	1:05:35.9		
9	Alan Farrington	99	2 M 50-54	8	7:10.8	28:40	0:31.9	6	34:42.5	3:21	0:38.7	9	22:55.6	4:11	1:05:59.7		
10	Jon Becker	48	1 M 40-44	26	8:28.8	33:52	1:18.6	15	34:49.7	3:32	0:46.0	10	21:33.1	4:15	1:06:56.4		
11	Brett Carey	28	3 M 50-54	12	7:39.4	30:36	1:11.7	9	33:49.9	3:22	1:01.8	11	23:27.0	4:16	1:07:09.8		
12	Connor Chambers	95	2 M 20-24	11	7:38.5	30:32	1:45.2	25	38:13.5	3:46	0:17.3	12	19:39.8	4:17	1:07:34.4		
13	Jason Cervantes	23	1 M 45-49	21	8:07.5	32:28	0:49.3	8	33:35.6	3:22	0:39.6	13	24:47.0	4:19	1:07:59.1		
14	Marc Serrano	26	2 M 40-44	13	7:42.8	30:48	2:32.7	16	34:47.1	3:34	1:16.1	14	21:55.6	4:20	1:08:14.4		
15	Alexander Skinner	22	3 M 20-24	17	7:48.1	31:12	1:56.9	27	39:58.5	3:56		15	18:42.3	4:21	1:08:25.9		
16	Michael Trujillo	30	2 M 35-39	23	8:13.7	32:52	1:09.1	12	34:28.9	3:28	0:47.1	16	24:00.5	4:22	1:08:39.5		
17	Jefferson Adams	4	1 M 25-29	3	6:07.3	24:28	1:01.1	17	38:05.9	3:35	0:51.8	17	23:35.0	4:25	1:09:41.3		
18	Matthew Haag	6	1 M 55-59	19	7:59.5	31:56	1:49.4	11	33:57.1	3:28	0:51.6	18	25:12.8	4:26	1:09:50.7		
19	Bob Sanderson	24	1 M 65-69	22	8:08.0	32:32	1:30.6	13	34:46.6	3:31	1:02.2	19	24:33.9	4:27	1:10:01.4		
20	Michael Pope	14	2 M 45-49	29	8:48.9	35:12	1:14.8	21	36:33.6	3:41	1:23.8	20	22:18.4	4:28	1:10:19.7		
21	Mickey Harvey	40	4 M 50-54	27	8:34.8	34:16	1:20.7	20	36:07.7	3:38	0:50.2	21	24:13.9	4:31	1:11:07.5		
22	Les Schneider	35	5 M 50-54	18	7:52.7	31:28	1:29.3	24	37:59.5	3:45	0:51.8	22	23:42.3	4:34	1:11:55.8		
23	Patrick Benson	45	3 M 35-39	9	7:19.8	29:16	1:31.6	23	38:28.3	3:44	0:35.7	23	24:02.0	4:34	1:11:57.6		
24	Noel Adamson	7	4 M 35-39	7	6:57.9	27:48	2:07.2	14	35:21.1	3:31	1:10.6	24	26:44.4	4:36	1:12:21.4		
25	David Twarog	15	2 M 60-64	16	7:46.0	31:04	1:40.4	18	36:10.2	3:36	1:39.6	25	25:47.0	4:38	1:13:03.5		
26	Chad Brecheisen	65	3 M 45-49	34	9:25.8	37:40	2:05.6	28	38:12.4	3:56	1:05.6	26	23:37.6	4:44	1:14:27.2		
27	Mark Taussig	44	2 M 65-69	35	9:30.9	38:00	1:20.3	22	35:50.7	3:42	1:11.3	27	30:10.2	4:57	1:18:03.7		
28	JASON O'CONNOR	50	4 M 45-49	40	10:17.8	41:08	1:04.5	26	38:02.8	3:54	0:49.9	28	28:03.9	4:58	1:18:19.1		
29	Steven Burrell	46	5 M 35-39	25	8:22.2	33:28	2:12.2	33	43:18.4	4:15	0:36.7	29	24:19.4	5:00	1:18:49.0		
30	Mike Mohn	33	5 M 45-49	47	12:24.6	49:36	2:19.0	30	37:34.4	4:08	0:54.6	30	25:41.8	5:01	1:18:54.6		
31	David Gehlen	41	6 M 45-49	31	8:57.8	35:48	3:00.3	36	43:33.0	4:23	0:43.6	31	23:28.4	5:04	1:19:43.3		
32	Casson Schmidt	51	6 M 35-39	42	10:46.9	43:04	0:52.9	31	40:50.8	4:09	1:28.3	32	28:06.9	5:13	1:22:05.9		
33	David Carey	11	7 M 35-39	6	6:54.0	27:36	4:25.3	32	41:27.9	4:10	2:16.9	33	27:29.0	5:14	1:22:33.2		

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				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>			
34	Donavan Slechta	87	7 M 45-49	38	9:41.7	38:44	2:53.5	41	46:08.3	4:38	0:58.6	34	25:35.0	5:25	1:25:17.3		
35	Jack Holmgren	97	4 M 20-24	36	9:31.8	38:04	3:14.3	40	45:48.5	4:38	1:45.9	35	25:03.4	5:25	1:25:24.0		
36	Marshall Philips	56	8 M 45-49	45	11:27.8	45:48	2:28.1	35	41:29.9	4:23	0:38.2	36	29:21.2	5:25	1:25:25.4		
37	Charlie Holmgren	98	1 M 0-19	39	9:55.5	39:40	2:58.4	42	45:57.4	4:39	1:47.5	37	25:03.9	5:26	1:25:42.9		
38	Bill Carroll	34	3 M 65-69	33	9:18.3	37:12	3:24.0	34	42:26.2	4:22	1:35.5	38	29:12.1	5:27	1:25:56.2		
39	Bren Fisher	66	2 M 25-29	10	7:36.7	30:24	2:02.9	37	46:48.9	4:28	0:31.1	39	29:49.4	5:31	1:26:49.2		
40	Dan Gehlbach	83	3 M 60-64	41	10:28.7	41:52	3:08.7	39	44:29.5	4:36	1:51.7	40	27:21.1	5:33	1:27:20.0		
41	Steve Vonachen	88	6 M 50-54	30	8:51.8	35:24	2:29.4	43	48:28.3	4:44	0:32.3	41	29:19.7	5:42	1:29:41.7		
42	Josue Rios	53	3 M 25-29	51	14:46.8	59:04	1:58.8	49	49:20.9	5:14	0:27.4	42	23:38.8	5:44	1:30:12.8		
43	Dusti Howell	64	2 M 55-59	43	10:49.8	43:16	2:57.4	44	47:54.7	4:53	0:32.3	43	28:11.6	5:45	1:30:26.0		
44	KENNY MCDOUGLE	58	4 M 65-69	46	11:49.8	47:16	1:45.5	38	44:05.6	4:34	1:11.5	44	32:08.9	5:47	1:31:01.5		
45	Bobby Hiebert	78	9 M 45-49	32	9:17.6	37:08	1:36.5	29	41:16.3	4:07	1:24.8	45	40:18.0	5:58	1:33:53.4		
46	Wayne Van Andel	76	1 M 70-74	48	12:32.6	50:08	2:17.2	46	48:11.4	4:59	1:24.4	46	32:13.9	6:08	1:36:39.8		
47	Willard Welch	62	3 M 40-44	37	9:41.0	38:44	3:50.4	45	48:41.4	4:55	1:49.5	47	42:49.6	6:47	1:46:52.2		
48	Leon Small	74	1 M 75-79	49	12:56.3	51:44	3:30.4	47	46:58.5	5:01	2:55.3	48	40:49.0	6:48	1:47:09.5		
49	Jake McCabe	19	8 M 35-39	44	10:51.2	43:24	6:06.3	50	55:49.7	5:45	0:46.2	49	34:04.7	6:50	1:47:38.2		
50	Allen Kossoy	25	4 M 60-64	20	8:01.0	32:04	5:45.3	48	50:44.7	5:06	2:41.2	50	41:45.9	6:55	1:48:58.3		
51	Kiefer Smith	80	5 M 20-24	50	13:28.2	53:52	3:44.0	51	1:02:22.3	6:17	1:14.4	51	35:58.0	7:25	1:56:47.1		

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		Team Tri							Female						
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1	Margi Grimwood	89	2 F Mixed	1	11:09.7	44:36	4:39.3	1	53:02.3	5:27	0:25.6	1	33:51.7	6:33	1:43:08.9

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1	Cal Kohlmeier	31	1 M Mixed	1	7:36.7	30:24	3:39.4	1	42:49.8	4:17	0:34.9	1	26:44.5	5:10	1:21:25.4